

Sarah Gunderson, MSHI, RN-BC
Clinical Consultant, Austin



Expertise

Ms. Gunderson is a Clinical Consultant in Segal's Austin office. She has over a decade of experience in nursing, specifically in behavioral health, healthcare informatics and health analytics. Ms. Gunderson focuses on clinical audits, including behavioral health and the clinical portion of mental health parity audits. She also works closely with Segal's Health Analysis of Plan Experience (SHAPE) team in enhancing our clinical reports and data analytic capabilities.

Professional background

Ms. Gunderson's experience ranges from acute and non-acute settings to managed care. She began her career in inpatient psychiatric nursing, eventually transitioning to inpatient orthopedics, wound care and skilled nursing leadership. Most recently, she developed behavioral health and medical workflows for a regional health plan's Utilization Management team. With her background in clinical informatics, she has experience in coding and designing leadership dashboards to monitor population health, member engagement in case management and high-risk members identified through predictive analytics.

Education/professional designations

Ms. Gunderson received her Master of Science in Health Informatics from the University of Illinois at Chicago and her Bachelor's in Nursing from St. Olaf College in Northfield, MN. She is Board Certified in Informatics Nursing.

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sgunderson@segalco.com
segalco.com